

## AMENDMENTS

### In the Claims:

Amend claims 1 and 2 to read as follows:

1. (Twice Amended) A method of producing an integrally formed fiber reinforced plastic tubular body comprising a tubular core, a fiber-reinforced plastic layer and a resin distribution medium formed around the tubular core, the method comprising:
- arranging a resin distribution medium and a reinforcing fiber substrate at an outer periphery of the tubular core;
  - covering said resin distribution medium and reinforcing fiber substrate with an airtight material;
  - placing an interior portion within said airtight material under vacuum; and
  - injecting and distributing resin in a resin distribution medium surface direction until impregnation of the reinforcing fiber substrate is effected to produce the integrally formed fiber-reinforced plastic tubular body.
2. (Twice Amended) A method of producing a fiber reinforced plastic tubular body according to Claim 1, wherein the tubular core has grooves formed therein for resin distribution on a surface.